

GCM COMPLEX

JOINT FREEDOM



GCM COMPLEX JOINT FREEDOM combines high strength dosages of glucosamine sulfate and chondroitin sulfate with dimethyl sulfone – OptiMSM® (MSM) to enhance joint mobility and relieve mild joint pain and stiffness.



High strength glucosamine sulfate, chondroitin sulfate, MSM



Enhances joint mobility



Relieves mild joint pain and stiffness

DELIVERY SYSTEM

90 film-coated tablets

DOSAGE

Two (2) tablets per day or as directed by your healthcare professional.

DIETARY INFORMATION

Free from gluten, dairy, nuts & egg.
Contains soy derived substances & traces of crustaceans.

OptiMSM®

OptiMSM® is a trademark of Bergstrom Nutrition, LLC



Each film coated tablet contains

Glucosamine sulfate sodium chloride equiv. glucosamine sulfate	942 mg 750mg
Bovine sodium chondroitin sulfate equiv. chondroitin sulfate	553.35 mg 400 mg
Dimethyl Sulfone – OptiMSM®	200 mg



Ingredient Focus

► GLUCOSAMINE SULFATE

JOINTS | BIOAVAILABILITY

Glucosamine sulfate is an essential building block of the two main components of joint tissue, glycosaminoglycans (GAGs) and proteoglycans. Both promote water retention within joints. Water gives joint tissues resiliency by acting as a lubricant and a shock absorber.

► CHONDROITIN SULFATE

JOINTS | BIOAVAILABILITY

Chondroitin Sulfate is a glycosaminoglycan (GAG) naturally present in many body tissues, and is an especially important component of joint cartilage and synovial tissue. This nutrient helps to support the maintenance of healthy, flexible joint tissue and promotes proper joint mobility and comfort.

► DIMETHYL SULFONE (MSM)

OptiMSM

JOINTS | BIOAVAILABILITY

OptiMSM® is a patented MSM from Bergstrom Nutrition. MSM – in its role in the body's sulfur cycle – helps to create the chemical links needed to form and maintain numerous different types of structural tissues of the human body, including connective tissues, such as articular cartilage and skin.



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PILLAR
PERFORMANCE