

## ULTRA B ACTIVE PEAK PERFORMANCE



 **VEGAN**

ULTRA B ACTIVE PEAK PERFORMANCE is a high-strength activated vitamin B formulation that helps to promote energy levels and relieve fatigue while supporting healthy stress responses. Formulation also supports cognitive and nervous system function.



High-strength activated vitamin Bs



Helps to promote energy levels



Supports healthy stress responses

### DELIVERY SYSTEM

60 film-coated tablets

### DOSAGE

One (1) tablet per day or as directed by your healthcare professional.

### DIETARY INFORMATION

Vegan. Free from gluten, dairy, nuts, egg & soy.

#### Each film coated tablet contains:

Thiamine hydrochloride equiv. thiamine (vitamin B1)	<b>100 mg</b> <b>78.68 mg</b>
Riboflavin sodium phosphate equiv. riboflavin (vitamin B2)	<b>41 mg</b> <b>30 mg</b>
Nicotinamide (vitamin B3)	<b>100 mg</b>
Calcium pantothenate equiv. panthothenic acid (vitamin B5)	<b>54.34 mg</b> <b>50 mg</b>
Pyridoxal-5-phosphate equiv. pyridoxine (Vitamin B6)	<b>43.82 mg</b> <b>30 mg</b>
Biotin (vitamin B7)	<b>100 mcg</b>
Folic acid (vitamin B9)	<b>500 mcg</b>
Mecobalamin (vitamin B12)	<b>300 mcg</b>



## ACTIVATED B VITAMINS

Activated forms of vitamin B work synergistically to metabolise carbohydrates, proteins and fats, playing a vital role in sustained energy production.

### ► MECOBALAMIN B12

ENERGY | ABSORPTION | VITAMIN B12

The bioavailable and metabolically active coenzyme form of vitamin B12 – Mecobalamin – is more readily absorbed by the liver than its counterpart cyanocobalamin. Best known for boosting energy, B12 is generally not found in plant foods, so vegan and vegetarian diets may benefit most from taking a supplement.

### ► THIAMINE HYDROCHLORIDE B1

ENERGY | ABSORPTION | VITAMIN B1

The activated form of vitamin B1 plays an important role in converting carbohydrates into energy. Without thiamin, the nervous system can't function and everyday abilities like walking, cognition and speech are impaired.

### ► RIBOFLAVIN SODIUM PHOSPHATE B2

ENERGY | ABSORPTION | VITAMIN B2

The activated form of vitamin B2. Supports the body converting food into energy. It also helps other vitamins do their job including folate, vitamin B6, niacin, iron and vitamin K.

